

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45

The listed starttimes are indicative!

Coaches: Blom Dieter

Coaches: De Waele Lente

Coaches: Sys Justine HEADCOACH

Coaches: Van Breusegem Mathias

Coaches: De Noble Chloë

Coaches: De Noble Naomi

Coaches: Wielandt Pieter

Coaches: Van Heghe Margot

Coaches: De Wilde Maaïke

Coaches: Huberty Maren

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 400M FREESTYLE MEN 15+							Heat:1, starttime: 09:00	
Heat: 1/5 Lane : 5 Athlete: SLOS ROBBIE							Q-time: 99:99:99	
PB (50m pool): 04:50.41 Gent (Rozebroeken) 03/03/2024							PB (25m pool): 04:40.28 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:50.41
	no time							
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:2, starttime: 09:05	
Heat: 2/5 Lane : 0 Athlete: TIMMERMANS JULES							Q-time: 99:99:99	
PB (50m pool): 05:03.27 Antwerpen 16/04/2023							PB (25m pool): 04:50.76 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:03.27
	no time							
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:3, starttime: 09:10	
Heat: 3/5 Lane : 1 Athlete: VANNIEUWENHUYSE LOÏC							Q-time: 04:57:08	
PB (50m pool): 04:57.08 Zwembad Brigitte Becue 30/05/2025							PB (25m pool): 04:46.69 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.95	01:08.14	01:46.71	02:25.36	03:03.87	03:42.30	04:20.60	04:57.08
	00:31.95	00:36.19	00:38.57	00:38.65	00:38.51	00:38.43	00:38.30	00:36.48
								

Coach feedback:

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Event number: 16: 400M FREESTYLE MEN 15+							Heat:3, starttime: 09:10	
Heat: 3/5 Lane : 4 Athlete: DEGRANDE LARS							Q-time: 04:50:74	
PB (50m pool): 05:50.61 Antwerpen 17/07/2022				PB (25m pool): 04:46.34 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:50.61
	no time							
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:4, starttime: 09:15	
Heat: 4/5 Lane : 8 Athlete: LIEVENS TIEBE							Q-time: 04:47:94	
PB (50m pool): 04:47.94 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 04:32.41 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.82	01:08.90	01:46.05	02:23.21	03:00.32	03:37.55	04:13.58	04:47.94
	00:31.82	00:37.08	00:37.15	00:37.16	00:37.11	00:37.23	00:36.03	00:34.36
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:4, starttime: 09:15	
Heat: 4/5 Lane : 9 Athlete: DE CRAENE MATTHIS							Q-time: 04:49:37	
PB (50m pool): 04:49.37 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 04:39.17 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.44	01:07.43	01:44.27	02:22.36	02:59.87	03:37.95	04:15.43	04:49.37
	00:32.44	00:34.99	00:36.84	00:38.09	00:37.51	00:38.08	00:37.48	00:33.94
								

Coach feedback:

Event number: 16: 400M FREESTYLE MEN 15+							Heat:5, starttime: 09:25	
Heat: 5/5 Lane : 9 Athlete: VAN TRICHT FINN							Q-time: 04:27:46	
PB (50m pool): 04:55.45 Antwerp 28/01/2024				PB (25m pool): 04:27.46SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	04:55.45
	no time							
								

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:2, starttime: 09:30
Heat: 2/11 Lane : 3 Athlete: GERRITSEN VESPER					Q-time: 02:50:91
PB (50m pool): 02:49.05 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:43.59 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:49.05	
	no time				
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:2, starttime: 09:30
Heat: 2/11 Lane : 5 Athlete: VAN LOO HANNAH					Q-time: 02:48:54
PB (50m pool): 02:48.54 Antwerpen 13/07/2025 PB (25m pool): 02:39.24 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.49	01:22.60	02:06.59	02:48.54	
	00:38.49	00:44.11	00:43.99	00:41.95	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:2, starttime: 09:30
Heat: 2/11 Lane : 7 Athlete: GALMART HAYLEY					Q-time: 02:53:96
PB (50m pool): 02:53.96 Antwerpen 13/07/2025 PB (25m pool): 02:50.59 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.16	01:25.04	02:09.77	02:53.96	
	00:40.16	00:44.88	00:44.73	00:44.19	
					

Coach feedback:

Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:3, starttime: 09:35
Heat: 3/11 Lane : 7 Athlete: BOGAERT HANNE					Q-time: 02:43:14
PB (50m pool): 02:43.14 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:28.93 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.84	01:18.78	02:01.10	02:43.14	
	00:36.84	00:41.94	00:42.32	00:42.04	
					

Coach feedback:

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Event number: 17: 200M FREESTYLE WOMEN 13+					Heat:4, starttime: 09:40
Heat: 4/11 Lane : 0 Athlete: VAN GHELUE RINSKE					Q-time: 02:38:39
PB (50m pool): 02:38.39 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:32.43 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.92	01:16.56	01:58.48	02:38.39	
	00:35.92	00:40.64	00:41.92	00:39.91	
					

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+					Heat:1, starttime: 10:00
Heat: 1/9 Lane : 5 Athlete: GERRITSEN BRUNO					Q-time: 99:99:99
PB (50m pool): 00:47.57 Aalst 28/04/2024 PB (25m pool): 00:42.56 SB: no time					
	5 0 M				
PB	00:47.57				
	00:47.57				
					

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:05
Heat: 3/9 Lane : 0 Athlete: STEVENS GERBEN					Q-time: 00:47:34
PB (50m pool): 00:47.34 Aalst 11/05/2025 PB (25m pool): 00:44.34 SB: no time					
	5 0 M				
PB	00:47.34				
	00:47.34				
					

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:05
Heat: 3/9 Lane : 7 Athlete: VAN LOO MATHIAS					Q-time: 00:46:33
PB (50m pool): 00:46.33 Aalst 11/05/2025 PB (25m pool): 00:43.46 SB: no time					
	5 0 M				
PB	00:46.33				
	00:46.33				
					

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 10:05
Heat: 3/9 Lane : 8 Athlete: MARGUTTI MAURO		Q-time: 00:46:84
PB (50m pool): no time		PB (25m pool): 00:46.84 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 10:05
Heat: 4/9 Lane : 1 Athlete: UVYN MAXIM		Q-time: 00:42:35
PB (50m pool): no time		PB (25m pool): 00:42.35 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:4, starttime: 10:05
Heat: 4/9 Lane : 8 Athlete: HOSTE LARS		Q-time: 00:42:41
PB (50m pool): no time		PB (25m pool): 00:42.41 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:5, starttime: 10:05
Heat: 5/9 Lane : 4 Athlete: BEERNAERT DAAN		Q-time: 00:36:93
PB (50m pool): no time		PB (25m pool): 00:36.93 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:6, starttime: 10:05
Heat: 6/9 Lane : 1 Athlete: DE BIE DAAN		Q-time: 00:36:65
PB (50m pool): 00:41.98 Zwembad Brigitte Becue Oostend 10/07/2025 PB (25m pool): 00:36.65 SB: no time		
	5 0 M	
PB	00:41.98	
	00:41.98	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:6, starttime: 10:05
Heat: 6/9 Lane : 8 Athlete: STEVENS JAAN		Q-time: 00:36:74
PB (50m pool): 00:36.74 Antwerpen 13/07/2025 PB (25m pool): 00:37.63 SB: no time		
	5 0 M	
PB	00:36.74	
	00:36.74	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:8, starttime: 10:10
Heat: 8/9 Lane : 3 Athlete: VANCAYZEELE THIBAU		Q-time: 00:33:77
PB (50m pool): 00:33.77 Antwerpen 13/07/2025 PB (25m pool): 00:31.80 SB: no time		
	5 0 M	
PB	00:33.77	
	00:33.77	
		

Coach feedback:

Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:9, starttime: 10:10
Heat: 9/9 Lane : 0 Athlete: VAN TRICHT FINN		Q-time: 00:33:22
PB (50m pool): 00:33.22 Antwerpen 27/07/2025 PB (25m pool): 00:31.83 SB: no time		
	5 0 M	
PB	00:33.22	
	00:33.22	
		

Coach feedback:

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Event number: 18: 50M BREASTSTROKE MEN 13+		Heat:9, starttime: 10:10
Heat: 9/9 Lane : 2 Athlete: DE SMAELE KEYON		Q-time: 00:31:19
PB (50m pool): 00:31.19 Antwerpen 27/07/2025 PB (25m pool): 00:30.13 SB: no time		
	5 0 M	
PB	00:31.19	
	00:31.19	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:2, starttime: 10:10
Heat: 2/8 Lane : 0 Athlete: GALMART HAYLEY		Q-time: 00:45:43
PB (50m pool): 00:45.43 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:47.40 SB: no time		
	5 0 M	
PB	00:45.43	
	00:45.43	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:2, starttime: 10:10
Heat: 2/8 Lane : 2 Athlete: GERRITSEN VESPER		Q-time: 00:43:09
PB (50m pool): 00:42.57 Gent (Rozebroeken) 03/03/2024 PB (25m pool): 00:41.68 SB: no time		
	5 0 M	
PB	00:42.57	
	00:42.57	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 10:15
Heat: 3/8 Lane : 6 Athlete: DE BACKER SOPHIE		Q-time: 00:40:12
PB (50m pool): 00:40.12 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:38.24 SB: no time		
	5 0 M	
PB	00:40.12	
	00:40.12	
		

Coach feedback:

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Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:3, starttime: 10:15
Heat: 3/8 Lane : 7 Athlete: VAN LOO CHARLOTTE		Q-time: 00:40:60
PB (50m pool): 00:40.60 Antwerpen 13/07/2025 PB (25m pool): 00:40.50 SB: no time		
	5 0 M	
PB	00:40.60	
	00:40.60	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 10:15
Heat: 4/8 Lane : 1 Athlete: DE WEVER LAURA		Q-time: 00:38:83
PB (50m pool): no time PB (25m pool): 00:38.83 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 10:15
Heat: 4/8 Lane : 4 Athlete: DE SMAELE KENZA		Q-time: 00:38:17
PB (50m pool): 00:38.17 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:37.44 SB: no time		
	5 0 M	
PB	00:38.17	
	00:38.17	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:4, starttime: 10:15
Heat: 4/8 Lane : 5 Athlete: DE GRIEVE ONA		Q-time: 00:38:27
PB (50m pool): 00:42.67 Antwerpen 16/04/2023 PB (25m pool): 00:38.27 SB: no time		
	5 0 M	
PB	00:42.67	
	00:42.67	
		

Coach feedback:

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Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:5, starttime: 10:15
Heat: 5/8 Lane : 1 Athlete: MINNOYE YAANA		Q-time: 00:37:57
PB (50m pool): 00:37.57 Antwerpen 13/07/2025 PB (25m pool): 00:35.48 SB: no time		
	5 0 M	
PB	00:37.57	
	00:37.57	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:5, starttime: 10:15
Heat: 5/8 Lane : 2 Athlete: BEULENS LOTTE		Q-time: 00:37:12
PB (50m pool): 00:37.12 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.72 SB: no time		
	5 0 M	
PB	00:37.12	
	00:37.12	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:5, starttime: 10:15
Heat: 5/8 Lane : 7 Athlete: STORME IEME		Q-time: 00:37:50
PB (50m pool): 00:37.50 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.50 SB: no time		
	5 0 M	
PB	00:37.50	
	00:37.50	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:6, starttime: 10:20
Heat: 6/8 Lane : 7 Athlete: NEIRINCK ANNELIES		Q-time: 00:35:05
PB (50m pool): 00:35.05 Olympic Pool Wezenberg, Antwer 30/05/2025 PB (25m pool): 00:35.12 SB: no time		
	5 0 M	
PB	00:35.05	
	00:35.05	
		

Coach feedback:

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Event number: 19: 50M BACKSTROKE WOMEN 13+		Heat:6, starttime: 10:20
Heat: 6/8 Lane : 9 Athlete: CANTRé EMILIE		Q-time: 00:35:62
PB (50m pool): 00:35.62 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.14 SB: no time		
	5 0 M	
PB	00:35.62	
	00:35.62	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:2, starttime: 10:25
Heat: 2/12 Lane : 3 Athlete: UVYN MAXIM		Q-time: 00:40:60
PB (50m pool): 00:40.60 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:37.36 SB: no time		
	5 0 M	
PB	00:40.60	
	00:40.60	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:2, starttime: 10:25
Heat: 2/12 Lane : 8 Athlete: CASTEUR NICOLAS		Q-time: 00:44:15
PB (50m pool): 00:44.15 Antwerp 02/02/2025 PB (25m pool): 00:37.05 SB: no time		
	5 0 M	
PB	00:44.15	
	00:44.15	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:3, starttime: 10:25
Heat: 3/12 Lane : 0 Athlete: DE CRAENE THIBE		Q-time: 00:38:51
PB (50m pool): no time PB (25m pool): 00:38.51 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 20: 50M BUTTERFLY MEN 13+		Heat:3, starttime: 10:25
Heat: 3/12 Lane : 4 Athlete: MINNOYE TIEBE		Q-time: 00:36:90
PB (50m pool): 00:39.79 Aalst 28/04/2024		PB (25m pool): 00:36.90 SB: no time
	5 0 M	
PB	00:39.79	
	00:39.79	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:3, starttime: 10:25
Heat: 3/12 Lane : 6 Athlete: STEVENS JAAN		Q-time: 00:37:33
PB (50m pool): no time		PB (25m pool): 00:37.33 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 10:25
Heat: 4/12 Lane : 3 Athlete: HOSTE LARS		Q-time: 00:35:34
PB (50m pool): 00:35.34 Aalst 11/05/2025		PB (25m pool): 00:35.02 SB: no time
	5 0 M	
PB	00:35.34	
	00:35.34	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:4, starttime: 10:25
Heat: 4/12 Lane : 9 Athlete: VAN LOO MATHIAS		Q-time: 00:36:70
PB (50m pool): 00:44.87 Aalst 28/04/2024		PB (25m pool): 00:36.70 SB: no time
	5 0 M	
PB	00:44.87	
	00:44.87	
		

Coach feedback:

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Event number: 20: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 10:25
Heat: 5/12 Lane : 0 Athlete: DE CHAMPS LOïc		Q-time: 00:34:96
PB (50m pool): 00:42.58 Antwerp 04/02/2024		PB (25m pool): 00:34.96 SB: no time
	5 0 M	
PB	00:42.58	
	00:42.58	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:5, starttime: 10:25
Heat: 5/12 Lane : 5 Athlete: MICHIELS RENAUD		Q-time: 00:33:87
PB (50m pool): 00:33.87 Antwerpen 13/07/2025		PB (25m pool): 00:32.36 SB: no time
	5 0 M	
PB	00:33.87	
	00:33.87	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 10:25
Heat: 6/12 Lane : 2 Athlete: BEERNAERT DAAN		Q-time: 00:32:23
PB (50m pool): 00:32.23 Aalst 11/05/2025		PB (25m pool): 00:30.37 SB: no time
	5 0 M	
PB	00:32.23	
	00:32.23	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 10:25
Heat: 6/12 Lane : 3 Athlete: DEGRANDE LARS		Q-time: 00:31:86
PB (50m pool): 00:31.86 Antwerpen 20/04/2025		PB (25m pool): 00:30.92 SB: no time
	5 0 M	
PB	00:31.86	
	00:31.86	
		

Coach feedback:

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Event number: 20: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 10:25
Heat: 6/12 Lane : 5 Athlete: EL GHAZALI ADAM		Q-time: 00:31:85
PB (50m pool): 00:44.68 Gent 13/03/2022 PB (25m pool): 00:31.85 SB: no time		
	5 0 M	
PB	00:44.68	
	00:44.68	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:6, starttime: 10:25
Heat: 6/12 Lane : 6 Athlete: LIEVENS TIEBE		Q-time: 00:31:96
PB (50m pool): 00:31.96 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.69 SB: no time		
	5 0 M	
PB	00:31.96	
	00:31.96	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:7, starttime: 10:30
Heat: 7/12 Lane : 2 Athlete: DEJAEGHERE MATHIJS		Q-time: 00:31:22
PB (50m pool): 00:31.22 Aalst 11/05/2025 PB (25m pool): 00:31.53 SB: no time		
	5 0 M	
PB	00:31.22	
	00:31.22	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:7, starttime: 10:30
Heat: 7/12 Lane : 8 Athlete: VANNIEUWENHUYSE LOÏC		Q-time: 00:31:41
PB (50m pool): 00:31.41 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.93 SB: no time		
	5 0 M	
PB	00:31.41	
	00:31.41	
		

Coach feedback:

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Event number: 20: 50M BUTTERFLY MEN 13+		Heat:8, starttime: 10:30
Heat: 8/12 Lane : 2 Athlete: VAN RAEMDONCK CAMU		Q-time: 00:30:13
PB (50m pool): 00:34.61 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 00:30.13 SB: no time		
	5 0 M	
PB	00:34.61	
	00:34.61	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:8, starttime: 10:30
Heat: 8/12 Lane : 4 Athlete: VERHEYDEN VINZ		Q-time: 00:29:87
PB (50m pool): 00:29.87 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.74 SB: no time		
	5 0 M	
PB	00:29.87	
	00:29.87	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:8, starttime: 10:30
Heat: 8/12 Lane : 9 Athlete: DE CRAENE MATTHIS		Q-time: 00:30:67
PB (50m pool): 00:30.67 Antwerpen 13/07/2025 PB (25m pool): 00:31.44 SB: no time		
	5 0 M	
PB	00:30.67	
	00:30.67	
		

Coach feedback:

Event number: 20: 50M BUTTERFLY MEN 13+		Heat:9, starttime: 10:30
Heat: 9/12 Lane : 6 Athlete: TIMMERMANS JULES		Q-time: 00:29:44
PB (50m pool): 00:29.23 Antwerpen 28/07/2024 PB (25m pool): 00:28.72 SB: no time		
	5 0 M	
PB	00:29.23	
	00:29.23	
		

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:1, starttime: 10:35	
Heat: 1/11 Lane : 2 Athlete: HAMID ROYAH										Q-time: 99:99:99	
PB (50m pool): no time										PB (25m pool): 00:37.82 SB: no time	
	5 0 M										
PB	no time										
	no time										
											

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:1, starttime: 10:35																			
Heat: 1/11 Lane : 7 Athlete: DEPESTELE GITTE																				Q-time: 99:99:99									
PB (50m pool): 00:34.80 LOCHRISTI 25/01/2026										PB (25m pool): no time SB: 00:34.80 LOCHRISTI 25/01/2026																			
	5 0 M																												
PB	00:34.80																												
	00:34.80																												
																													

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:2, starttime: 10:35																													
Heat: 2/11																				Lane : 3					Athlete: NGABO ANNABELLE										Q-time: 00:36:65				
PB (50m pool): 00:33.81										LOCHRISTI 25/01/2026					PB (25m pool): 00:37.35										SB: 00:33.81					LOCHRISTI 25/01/2026									
	5 0 M																																						
PB	00:33.81																																						
	00:33.81																																						
																																							

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:2, starttime: 10:35																			
Heat: 2/11 Lane : 4 Athlete: VAN LOO HANNAH																				Q-time: 00:36:28									
PB (50m pool): 00:34.41 LOCHRISTI 25/01/2026										PB (25m pool): 00:34.92SB: 00:34.41 LOCHRISTI 25/01/2026																			
	5 0 M																												
PB	00:34.41																												
	00:34.41																												
																													

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:2, starttime: 10:35
Heat: 2/11 Lane : 5 Athlete: BEKAERT SOPHIA			Q-time: 00:36:47
PB (50m pool): no time			PB (25m pool): 00:36.47 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:3, starttime: 10:35
Heat: 3/11 Lane : 3 Athlete: DAEM HANNELISE			Q-time: 00:34:40
PB (50m pool): 00:33.02 LOCHRISTI 25/01/2026			PB (25m pool): 00:33.72 SB: 00:33.02 LOCHRISTI 25/01/2026
	5 0 M		
PB	00:33.02		
	00:33.02		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:3, starttime: 10:35
Heat: 3/11 Lane : 6 Athlete: VANCAYZEELE MARGAUX			Q-time: 00:34:70
PB (50m pool): 00:32.69 LOCHRISTI 25/01/2026			PB (25m pool): 00:32.34 SB: 00:32.69 LOCHRISTI 25/01/2026
	5 0 M		
PB	00:32.69		
	00:32.69		
			

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+			Heat:3, starttime: 10:35
Heat: 3/11 Lane : 8 Athlete: VERBERT KAAT			Q-time: 00:35:43
PB (50m pool): 00:34.04 LOCHRISTI 25/01/2026			PB (25m pool): 00:34.66 SB: 00:34.04 LOCHRISTI 25/01/2026
	5 0 M		
PB	00:34.04		
	00:34.04		
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:35		
Heat: 4/11 Lane : 2 Athlete: VAN LOO CHARLOTTE							Q-time: 00:33:02		
PB (50m pool): 00:32.78 Antwerpen 14/07/2024							PB (25m pool): 00:32.95 SB: 00:34.92 LOCHRISTI 25/01/2026		
	5 0 M								
PB	00:32.78								
	00:32.78								
									

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:35		
Heat: 4/11 Lane : 8 Athlete: RUTTEN LEONIE							Q-time: 00:33:75		
PB (50m pool): 00:33.20 LOCHRISTI 25/01/2026							PB (25m pool): 00:32.68SB: 00:33.20 LOCHRISTI 25/01/2026		
	5 0 M								
PB	00:33.20								
	00:33.20								
									

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+										Heat:5, starttime: 10:40																				
Heat: 5/11 Lane : 1 Athlete: DE ROYE YELENA																				Q-time: 00:32:08										
PB (50m pool): 00:32.08 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.85 SB: no time																														
	5 0 M																													
PB	00:32.08																													
	00:32.08																													
																														

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+				Heat:5, starttime: 10:40	
Heat: 5/11 Lane : 4 Athlete: BOGAERT HANNE				Q-time: 00:31:70	
PB (50m pool): 00:36.21 Zwembad Brigitte Becue Oostend 10/05/2025					
PB (25m pool): 00:31.70 SB: no time					
	5 0 M				
PB	00:36.21				
	00:36.21				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 50M FREESTYLE WOMEN 13+				Heat:6, starttime: 10:40	
Heat: 6/11 Lane : 3 Athlete: DEGRANDE AN				Q-time: 00:31:28	
PB (50m pool): 00:31.28 Olympic Pool Wezenberg, Antwer 30/03/25 PB (25m pool): 00:29.75 SB: no time					
	5 0 M				
PB	00:31.28				
	00:31.28				
					

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+							Heat:6, starttime: 10:40	
Heat: 6/11 Lane : 9 Athlete: VAN BRABANDT MILA							Q-time: 00:31:69	
PB (50m pool): 00:31.69 Aalst 11/05/2025							PB (25m pool): 00:32.86 SB: no time	
	5 0 M							
PB	00:31.69							
	00:31.69							
								

Coach feedback:

Event number: 21: 50M FREESTYLE WOMEN 13+				Heat:8, starttime: 10:40	
Heat: 8/11 Lane : 1 Athlete: HANSELAER ARIANE				Q-time: 00:30:43	
PB (50m pool): 00:30.43 Antwerp 02/02/2025				PB (25m pool): 00:29.96 SB: no time	
	5 0 M				
PB	00:30.43				
	00:30.43				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 13+					Heat:2, starttime: 10:50
Heat: 2/2 Lane : 1 Athlete: BEERNAERT DAAN					Q-time: 02:52:00
PB (50m pool): 02:52.00 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:39.08SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.26	01:19.83	02:07.74	02:52.00	
	00:35.26	00:44.57	00:47.91	00:44.26	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 200M BUTTERFLY MEN 13+					Heat:2, starttime: 10:50
Heat: 2/2 Lane : 6 Athlete: DE BIE DAAN					Q-time: 02:38:96
PB (50m pool): 02:38.96 Antwerpen 20/07/2025					PB (25m pool): 02:33.92 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.56	01:13.89	01:56.26	02:38.96	
	00:33.56	00:40.33	00:42.37	00:42.70	
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:1, starttime: 10:50
Heat: 1/5 Lane : 4 Athlete: BEKAERT SOPHIA					Q-time: 03:23:05
PB (50m pool): no time					PB (25m pool): 03:23.05 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:1, starttime: 10:50
Heat: 1/5 Lane : 7 Athlete: HAMID ROYAH					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 1 Athlete: DE WEVER LAURA					Q-time: 03:04:46
PB (50m pool): 03:03.45 Antwerpen 16/07/2023					PB (25m pool): 02:58.42 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:03.45	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 2 Athlete: DE GRIEVE ONA					Q-time: 03:03:34
PB (50m pool): 02:56.35 Antwerpen 14/07/2024 PB (25m pool): 03:13.08 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:56.35	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 3 Athlete: VAN GHELUE RINSKE					Q-time: 02:56:75
PB (50m pool): 02:55.96 Antwerpen 14/07/2024 PB (25m pool): 02:48.16 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:55.96	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:2, starttime: 10:55
Heat: 2/5 Lane : 7 Athlete: MINNOYE YAANA					Q-time: 03:03:62
PB (50m pool): 02:53.51 Antwerpen 14/07/2024 PB (25m pool): 02:51.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:53.51	
	no time				
					

Coach feedback:

Event number: 23: 200M MEDLEY WOMEN 15+					Heat:3, starttime: 11:00
Heat: 3/5 Lane : 0 Athlete: DE SMAELE KENZA					Q-time: 02:52:55
PB (50m pool): 02:52.55 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:49.29 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.57	01:24.36	02:10.03	02:52.55	
	00:38.57	00:45.79	00:45.67	00:42.52	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 24: 100M FREESTYLE MEN 17+			Heat:2, starttime: 11:10
Heat: 2/6 Lane : 3 Athlete: STEVENS JAAN			Q-time: 01:04:49
PB (50m pool): 01:04.49 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 00:59.59 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.00	01:04.49	
	00:31.00	00:33.49	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:2, starttime: 11:10
Heat: 2/6 Lane : 5 Athlete: MICHIELS RENAUD			Q-time: 01:03:67
PB (50m pool): 01:03.67 Antwerpen 13/07/2025 PB (25m pool): 01:00.66 SB: no time			
	5 0 M	1 0 0 M	
PB	00:30.50	01:03.67	
	00:30.50	00:33.17	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:2, starttime: 11:10
Heat: 2/6 Lane : 7 Athlete: DEJAEGHERE MATHIJS			Q-time: 01:06:33
PB (50m pool): 01:06.33 Aalst 11/05/2025 PB (25m pool): 01:00.38 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.35	01:06.33	
	00:31.35	00:34.98	
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:3, starttime: 11:10
Heat: 3/6 Lane : 3 Athlete: DEGRANDE LARS			Q-time: 01:00:90
PB (50m pool): 01:00.90 Antwerp 02/02/2025 PB (25m pool): 00:57.85 SB: no time			
	5 0 M	1 0 0 M	
PB	00:29.01	01:00.90	
	00:29.01	00:31.89	
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 24: 100M FREESTYLE MEN 17+			Heat:3, starttime: 11:10
Heat: 3/6 Lane : 7 Athlete: SLOS ROBBIE			Q-time: 01:01:34
PB (50m pool): 01:00.41 Antwerpen 16/07/2023			PB (25m pool): 00:58.91 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:00.41	
	no time		
			

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 17+			Heat:4, starttime: 11:15
Heat: 4/6 Lane : 8 Athlete: DE SMAELE KEYON			Q-time: 01:00:02
PB (50m pool): 01:00.02 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:57.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.26	01:00.02	
	00:28.26	00:31.76	
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 17+			Heat:1, starttime: 11:20
Heat: 1/3 Lane : 4 Athlete: VAN LOO CHARLOTTE			Q-time: 01:48:38
PB (50m pool): 01:45.57 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:42.76 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:45.57	
	no time		
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 17+			Heat:2, starttime: 11:20
Heat: 2/3 Lane : 3 Athlete: HANSELAER ARIANE			Q-time: 01:26:29
PB (50m pool): 01:26.29 Antwerp 02/02/2025			PB (25m pool): 01:24.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:40.43	01:26.29	
	00:40.43	00:45.86	
			

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 11:30
Heat: 2/8 Lane : 2 Athlete: DE CRAENE NATHEN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 11:30
Heat: 2/8 Lane : 5 Athlete: HOSTE LARS					Q-time: 99:99:99
PB (50m pool): 03:57.12 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 03:52.21 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:57.12	
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 11:35
Heat: 3/8 Lane : 1 Athlete: MARGUTTI MAURO					Q-time: 03:54:01
PB (50m pool): no time PB (25m pool): 03:54.01 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 11:35
Heat: 3/8 Lane : 2 Athlete: CASTEUR NICOLAS					Q-time: 03:48:05
PB (50m pool): 03:48.05 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:26.75 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.41	01:52.34	02:51.62	03:48.05	
	00:52.41	00:59.93	00:59.28	00:56.43	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 11:35
Heat: 3/8 Lane : 4 Athlete: MINNOYE TIEBE					Q-time: 03:35:85
PB (50m pool): 03:27.66 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 03:28.56 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:27.66	
	no time				
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:4, starttime: 11:40
Heat: 4/8 Lane : 1 Athlete: DE CHAMPS LOÏC					Q-time: 03:23:49
PB (50m pool): 03:23.49 Antwerpen 13/07/2025 PB (25m pool): 03:10.59 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.46	01:37.83	02:30.79	03:23.49	
	00:45.46	00:52.37	00:52.96	00:52.70	
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:5, starttime: 11:40
Heat: 5/8 Lane : 9 Athlete: GERRITSEN BRUNO					Q-time: 03:12:36
PB (50m pool): 03:12.36 Antwerpen 13/07/2025 PB (25m pool): 03:02.08 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.97	01:32.44	02:22.75	03:12.36	
	00:42.97	00:49.47	00:50.31	00:49.61	
					

Coach feedback:

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:7, starttime: 11:50
Heat: 7/8 Lane : 0 Athlete: VAN RAEMDONCK CAMU					Q-time: 02:48:98
PB (50m pool): 02:48.98 Olympic Pool Wezenberg, Antwer 30/03/2025 PB (25m pool): 02:37.02 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.35	01:21.60	02:05.92	02:48.98	
	00:38.35	00:43.25	00:44.32	00:43.06	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 26: 200M BREASTSTROKE MEN 13+					Heat:7, starttime: 11:50
Heat: 7/8 Lane : 7 Athlete: VANCAYZEELE THIBAU					Q-time: 02:48:59
PB (50m pool): 02:48.59 Antwerpen 13/07/2025 PB (25m pool): 02:41.44 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.83	01:19.82	02:04.68	02:48.59	
	00:36.83	00:42.99	00:44.86	00:43.91	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 12:00
Heat: 2/7 Lane : 2 Athlete: VERBERT KAAAT					Q-time: 03:13:25
PB (50m pool): 03:13.25 WACHTEBEKE 19/01/2025 PB (25m pool): 02:57.03 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:35.74	no time	03:13.25	
	no time				
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 12:00
Heat: 2/7 Lane : 4 Athlete: RUTTEN LEONIE					Q-time: 03:06:83
PB (50m pool): 03:06.83 Antwerpen 13/07/2025 PB (25m pool): 03:00.38 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.13	01:33.22	02:21.09	03:06.83	
	00:45.13	00:48.09	00:47.87	00:45.74	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 12:00
Heat: 2/7 Lane : 6 Athlete: VANCAYZEELE MARGAUX					Q-time: 03:12:98
PB (50m pool): 03:12.98 Antwerpen 13/07/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.87	01:34.76	02:24.11	03:12.98	
	00:45.87	00:48.89	00:49.35	00:48.87	
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 12:05
Heat: 3/7 Lane : 1 Athlete: DE BACKER SOPHIE					Q-time: 03:00:39
PB (50m pool): 03:00.39 Antwerpen 13/07/2025					PB (25m pool): 02:47.47 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.94	01:30.72	02:17.52	03:00.39	
	00:43.94	00:46.78	00:46.80	00:42.87	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:3, starttime: 12:05
Heat: 3/7 Lane : 6 Athlete: DAEM HANNELISE					Q-time: 02:59:61
PB (50m pool): 02:59.61 Antwerpen 13/07/2025					PB (25m pool): 02:51.80 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.22	01:28.31	02:15.06	02:59.61	
	00:42.22	00:46.09	00:46.75	00:44.55	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 12:10
Heat: 4/7 Lane : 1 Athlete: DEGRANDE AN					Q-time: 02:53:61
PB (50m pool): 02:53.61 Antwerpen 13/07/2025					PB (25m pool): 02:45.35 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.45	01:27.24	02:11.74	02:53.61	
	00:42.45	00:44.79	00:44.50	00:41.87	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 12:10
Heat: 4/7 Lane : 4 Athlete: DE ROYE YELENA					Q-time: 02:51:95
PB (50m pool): 03:07.74 Lago Gent Rozebroeken 07/05/2023					PB (25m pool): 02:51.95 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:07.74	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 12:10
Heat: 4/7 Lane : 7 Athlete: STORME IEME					Q-time: 02:53:10
PB (50m pool): 02:53.10 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:46.15 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.06	01:24.17	02:09.87	02:53.10	
	00:40.06	00:44.11	00:45.70	00:43.23	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:5, starttime: 12:10
Heat: 5/7 Lane : 0 Athlete: BEULENS LOTTE					Q-time: 02:49:45
PB (50m pool): 02:49.45 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:39.97 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.86	01:23.90	02:07.90	02:49.45	
	00:40.86	00:43.04	00:44.00	00:41.55	
					

Coach feedback:

Event number: 27: 200M BACKSTROKE WOMEN 13+					Heat:5, starttime: 12:10
Heat: 5/7 Lane : 6 Athlete: CANTRé EMILIE					Q-time: 02:45:59
PB (50m pool): 02:45.59 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:38.49 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.06	01:19.53	02:02.96	02:45.59	
	00:38.06	00:41.47	00:43.43	00:42.63	
					

Coach feedback:

Event number: 28: 100M BACKSTROKE MEN 17+					Heat:2, starttime: 12:25
Heat: 2/4 Lane : 1 Athlete: DEJAEGHERE MATHIJS					Q-time: 01:11:24
PB (50m pool): 01:17.47 Aalst 28/04/2024 PB (25m pool): 01:11.24 SB: no time					
	5 0 M	1 0 0 M			
PB	no time	01:17.47			
	no time				
					

Coach feedback:

MEGA swim 26: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 28: 100M BACKSTROKE MEN 17+			Heat:3, starttime: 12:25
Heat: 3/4 Lane : 3 Athlete: VERHEYDEN VINZ			Q-time: 01:05:62
PB (50m pool): 01:05.62 Antwerpen 27/07/2025			PB (25m pool): 01:03.91 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.41	01:05.62	
	00:31.41	00:34.21	
			

Coach feedback:

Event number: 29: 100M BUTTERFLY WOMEN 17+			Heat:1, starttime: 12:30
Heat: 1/2 Lane : 5 Athlete: GERRITSEN VESPER			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 29: 100M BUTTERFLY WOMEN 17+			Heat:2, starttime: 12:30
Heat: 2/2 Lane : 6 Athlete: NEIRINCK ANNELIES			Q-time: 01:17:40
PB (50m pool): 01:14.75 Antwerpen 14/07/2024			PB (25m pool): 01:15.79 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:14.75	
	no time		
			

Coach feedback: